VOR ARL BERG of Vorarlberg Vorarlberg in Winter

Experience Vorarlberg real time #visitvorarlberg

What's hot and what's ahead in 2019/20

How to Reach Vorarlberg Vorarlberg is within easy reach on all routes and all means of transport. The system of public transport is extremely

well developed. Train and bus services are closely dovetailed in the Vorarlberg Transport Network

... by rail

Feldkirch (www.sbb.ch).

Austria: Good connections from eastern and southern Austria,

Switzerland: via Zürich-St. Gallen-Bregenz or Zürich-Sargans-

Germany: via Lindau-Bregenz. The target station for the

also motorail and night trains (www.oebb.at).

The nearest airports (distance in km to Bregenz):

serving destinations from/to Germany.

Allgäu-Airport Memmingen (G, 77 km),

• Zurich (CH, 119 km), intercontinental services.

• Innsbruck (A, 184 km), services to/from Vienna and Europe.

Mobility in Vorarlberg: www.vorarlberg.travel/public-transport

VOR

ARL

BERG

• St. Gallen-Altenrhein (CH, 20 km),

direct service from/to Vienna.

services within Europe.

www.vorarlberg.travel/en

• Lake Constance-Airport Friedrichshafen (G, 35 km),

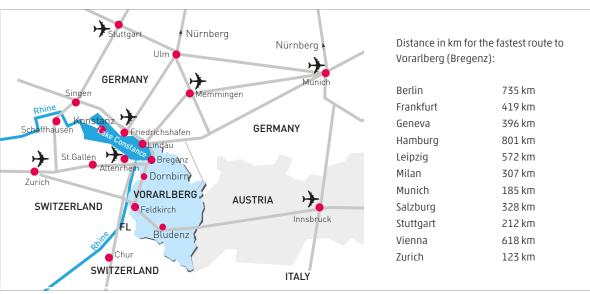
Kleinwalsertal is Oberstdorf/Allgäu (G).

From the north via Singen-Friedrichshafen-Lindau or Singen-Konstanz/Kreuzlingen–St. Gallen, via Ulm–Memmingen–Lindau. Via Augsburg or Munich-Memmingen-Lindau or via Nürnberg-Ulm-Lindau

From the south via Como (I/CH)-San Bernardino-Chur; Brenner motorway (I/A)-Innsbruck or Reschen pass (I/A)-Landeck. From the east via Innsbruck-Arlberg road tunnel or Arlberg pass ... by air road or via Reutte-Lechtal-Bregenzerwald (Note: the L 198 Lechtal road from Warth to Lech is closed in winter). The Kleinwalsertal can be reached on the A7 via Memmingen Kempten-Immenstadt or Füssen-Immenstadt or Lindau-Immenstadt (B308), then continue via Sonthofen and Oberstdorf.

- Motorways and expressways in Austria are subject to toll.
- 10-day sticker for passenger vehicles EUR 9.20 • 2-month sticker for passenger vehicles EUR 26.80
- One-year sticker for passenger vehicles EUR 89.20
- (price status 2019), www.asfinag.at

Hint: Bregenz and Dornbirn can be easily reached by low-cost coach service. www.flixbus.at



Vorarlberg Tourismus Poststraße 11, Postfach 99, 6850 Dornbirn, Austria T +43.(0)5572.377033-0, info@vorarlberg.travel

www.vorarlberg.travel, #visitvorarlberg

Vorarlberg – The Feel of Snow

Come winter and the pace of life in Vorarlberg is miraculously transformed. Fast-moving or laid-back: soft and silky landscapes delight winter-season holidaymakers. Listen to music being performed in hotel lounges, concert halls and in the open air. Visit exhibitions on show in a string of museums. Or taste culinary creations that are simply mouth-watering!

t some moment late in autumn, all of Vorarlberg changes its colours. The autumn nues in the picture-pretty towns and villages give way to a fluffy white. Skiers hit the slopes for their first outings, ski touring fans, free-riders and cross-country skiers start into a long, buzzing season. Others prefer to stroll on groomed trails to the most scenic lookouts, or to ramble the countryside on snow shoes. A cosy mountain lodge can always be found along the way and, naturally, along the ski slopes. Winter-season visitors to Vorarlberg know what to expect. First and foremost, an unswerving passion for winter sports and

hospitality of those who live here. Where alpine skiing was born some 110 years ago, people know how to create the very best conditions. Modern ropeways and ski lifts, fun parks and impeccably groomed runs are part and parcel of the deal. Distances in this compact region are fairly small, you can reach the ski lifts either on foot or take one of the ski buses, which operate all

and should it be found wanting, snowmaking facilities step it. Skiers are spoilt for choice when it comes to early-bird ski outings, ski safaris, free-riding and ski touring

trails, snow-shoe routes, cross-country trails and toboggan runs - you name it we have it. Culture fans, too, will find many Exhibitions open up new horizons, live

Whether you opt for a hotel or a holiday apartment - your hosts will literally go out of their way to provide superior standards of quality and a most pleasant setting.

music of all genres is performed during

produce from farms and small food manufacturers. Most hotels, inns and restaurants are family run, largely for generations. Come and feel the magic charm of winter

www.vorarlberg.travel



Six Inviting Regions

There are six holiday regions in Vorarlberg. While every one of them has a distinctive character of its own, they share many common features: the ski areas boast state-of-the art lifts and cable cars and perfectly groomed runs. Several ski schools offer courses for beginners and advanced skiers, for on-piste skiing and freeriding. Guided ski tours, winter hikes and snowshoe rambles are organised at many places.

Austria
arrive
and revive

Where alpine skiing was literally born, you can today enjoy excellent runs and free-ride ski area. Lech Zürs am Arlberg is among the leading winter sports destinations in the Alps. Expect superior standards of quality, from luxury hotels to holiday apartments. An array of cultural and music events spice up the winter season.



Lech Zürs Tourismus T+43.(0)5583.2161-0 info@lechzuers.com www.lechzuers.com/en

Joie de vivre: Bregenzerwald

egenzerwald offers varied skiing, beauty to behold, fine dining and comfortable lodging. The practical 3-valley ski pass Schröcken you can take the ski shuttle to Lech Zürs am Arlberg. The mix of old and new (timber) architecture in the villages and up on the mountains is eye-catching. 12 themed "Design Trails" will let you gain an understanding of local architecture and



Bregenzerwald Tourismus T+43.(0)5512.2365 info@bregenzerwald.at www.bregenzerwald.at/en

Bodensee-Vorarlberg

Urban culture and winter fun can best be combined near Lake Constance. From the towns of Bregenz, Dornbirn, Hohenems and Feldkirch, the ski areas are within easy reach by bus and rail. Some smaller ski areas in the region are virtually at your doorstep. A string of museums hosts interesting exhibitions, and concert halls and theatres stage inspiring performances. To get into the mood for Christmas, why not visit the advent markets in the towns.



Bodensee-Vorarlberg Tourismus T+43.(0)5574.43443-0 office@bodensee-vorarlberg.com www.bodensee-vorarlberg.com/en

Nature-loving: Kleinwalsertal

Holidays in the Kleinwalsertal are all about restoring spent energy. In this two-country ski area spanning Austria and Germany, you can experience fantastic skiing in great scenery. There is a choice of leisurely descents as well as daredevil runs and deep powder. The Crystal Ground Snowpark is a rallying point for freestylers and suited also for beginners. Cross-country skiers, winter hikers and snowshoe ramblers can reconnect with their inner self amidst fabulous



Kleinwalsertal Tourismus T+43.(0)5517.5114-0 info@kleinwalsertal.com www.kleinwalsertal.com/en

Family-friendly: Brandnertal, Alpenstadt Bludenz, Klostertal, **Grosses Walsertal**

Brandnertal and the Sonnenkopf ski area are filled with fun and adventure for families, with opportunities for skiing, snow-shoe rambling or high-adrenaline tobogganing. The Grosses Walsertal biosphere park subscribes to eco-friendly winter sports close to nature. If you want to explore several ski areas, choose Alpenstadt Bludenz as your base.



Alpenregion Vorarlberg Tourismus T+43.(0)5552.30227 info@alpenregion.at www.alpenregion-vorarlberg.com/en

Special winter moments:

Each day in Montafon is full of special moments. Content after spending hours in the bracing air, you stop at one of the many mountain lodges, revisiting the day's memorable moments on the slopes, on a ski tour or snow shoe ramble, all while looking forward to relaxing hours and heart-warming encounters. Reliving the day in your mind, in joyful anticipation of the next, enriched by once-in-a lifetime moments in the mountains.



Montafon Tourismus GmbH T+43.(0)5.06686 info@montafon.at www.montafon.at/en



accepted for the correctness of the information

given. Data as of: August 2019.

On-slope & Cross-country

Such enticing splendour! Make a dash for snow on high-tech ropeways and high-adrenalin downhill rides. The choice of runs is dazzling, and if you are in need of a rest or a bite, why not pause at one of several cosy mountain-top lodges and restaurants. If you plan to venture into off-piste terrain, make sure be accompanied by an expert guide. The ski schools offer guided tours and courses.

Expert Tricks and Tips

Which slopes are the finest at which time of the day? How can you perfect your turns? Guided by an expert, you can familiarize yourself with the ski areas and improve your riding technique. Several ski schools have ski and cross-country courses for beginners and proficient skiers, for adults and children, as well as ski touring and ski guiding offers.

What do you need to know about snow and proper gear when venturing into open terrain? Ski and mountain guides offer hand-on tips for your safety: the Snow & Safety Conference in Lech Zürs am Arlberg in December features talks and workshops. The 2017 freeride world champion Lorraine Huber runs "Women's Progression Days" (freeride camps for women). There are avalanche protection training facilities in the ski areas of Silvretta Montafon and Golm. Warth-Schröcken regularly hosts SACC avalanche and safety camps. Backcountry ski courses are held once weekly in Damüls-Mellau in Kleinwalsertal and in Montafon. The Freeride Center near the mountain terminal of Hochjoch Bahn (Silvretta Montafon) offers hands-on safety training and freeride courses. In the Grosses Walsertal biosphere park, Walser guides and the Faschina ski school accompany beginners on their first backcountry experiences.

Crossing Vorarlberg on Skis

Exploring Vorarlberg on skis within a week is now possible on the Ski Ride Vorarlberg tour that is accompanied by ski guides. In seven days, the trail takes skiers through ski areas and into open terrain, from the Kleinwalsertal in the north to the Montafon in the south.

Touring in open terrain is pure bliss but only in the company of ski guides. Safety gear is a must. Several ski schools offer guided ski tours, courses for freeriders and ski safaris. At most sites, the gear (skis, hides, avalanche beacon, shovel, probe) can be rented. For freeriders: off-piste skiers flock to Lech Zürs am Arlberg for its varied fabulous deep-powder runs and the wide-ranging offer of the ski schools. Ski guides accompany you on a five-hour tour from Warth Schröcken to Lech Zürs am Arlberg and back, tracing the footsteps Father Müller. Sonnenkopf in Klostertal boasts several ungroomed runs.

For lovers of off-piste touring: the easy, ultra-scenic Madrisa full-day tour starts out in Gargellen in Montafon and heads to neighbouring Switzerland. Beginners can familiarise themselves in day courses with the ins and outs of ski touring at Silvretta-

A hint for experienced skiers is the six-hour ascent to Gamsfreiheit at 2,211 metres in the Grosses Walsertal biosphere park. The demanding Kleinwalsertal ski safari takes skiers up and down from Kleinwalsertal to Bregenzerwald and back.

Glimpse Behind the Scenes

How does a ropeway, snow-making and slope-grooming work? At the Arlberg, on Golm in Montafon (Thursdays), and in Gargellen in Montafon (Tuesdays), you are welcome to take a glimpse behind the scenes.

Early-Bird Skiing

Plenty of space on the freshly -groomed runs and a wonderful morning mood. Early-bird ski outings ending with a hearty mountain breakfast epitomize this ever-so-special experience. In the ski areas of Ski Arlberg, Silvretta Montafon and in Kleinwalsertal (starting mid-March) you can joint an early-bird ski outing.

The Legendary White Ring

The ultimate in skiing: This 22km-long circuit takes skiers around Lech Zürs am Arlberg. En route, they have to negotiate leisurely and demanding runs. For an adrenaline boost, enter the race on this circuit on 18 January 2020. Each year, some 1,000 skiers take part in the world's most legendary ski race.

Gliding on Cross-country Trails

All regions boast cross-country and skating trails. You can find Vorarlberg's highest cross-country trails at the Silvretta-Bielerhöhe heights at an altitude of 2,032 m in Montafon. The cross-country border trail from Hittisau to Balderschwang (Germany) is approx. 50 km long.

The Nordic Sport Park Sulzberg in Bregenzerwald boasts 40 km of cross-country trails (20 km classic and 20 km skating). A part of the trail is even illuminated at night-time from Mondays to Fridays. Moreover, there is a biathlon range, which you try upon prior registration.

The ski school in Kleinwalsertal offer a cross-country course "Classic cross-country through Kleinwalsertal: Cross country skiing made easy" on Thursdays on the Steinbock trail.

For more information see www.vorarlberg.travel/skiing

Winter trails & Torchlight hikes

Embark on novel discoveries! If you set out on a winter hike at your own pace, there is time aplenty for looking and listening. How gently winter contours the landscape. How silent the world suddenly turns. If you are in a romantic vein, you can join a nocturnal hike with torchlights or engage in some serious moon-gazing. Adventurers can build an igloo and see what it feels to spend the night in it.

On Marked Trails and Cross-country

Enveloped by serenity and magical beauty, this is how winter presents itself when hiking or snowshoe rambling. Mountain restaurants and lodges line many trails, ideal shelters to warm up and fortify yourself. The numerous winter hiking trails are either cleared or easy to negotiate with mountain boots. Snowshoe rambles take hikers cross-country. For safety reasons, always make sure to set out with proper gear and in the company of experts who are familiar with the local terrain. All regions have guided snow-shoe rambling tours on offer.

A tour at Diedamskopf in Au-Schoppernau in the Bregenzerwald combines mounting on snowshoes with a toboggan ride down to the valley. In the deep forests of the Grosses Walsertal biosphere park, nature can develop free from human interference. An informative and delightful snowshoe tour takes hikers into this mysterious world. On the snowshoe ramble to the Gottesacker plateau in the Kleinwalsertals you will feel truly elevated. Wind-formed snow dunes line the panoramic trail.

What glorious views! From Muttjöchle, which can be reached on moderately steep trails from the Klostertal or Montafon, sweeping views of Vorarlberg's mountains unfold.

Hiking and Fine Dining

Why not combine a hike in winter wonderland with feasting on a three-course meal at three different alpine lodges or inns en route on themed culinary hikes in Bregenzerwald, Brandnertal – also on skis, and in Sonntag-Stein in the Grosses Walsertal. Once a week, a 3.5 h snow-shoe ramble takes hikers through the Kleinwalsertal foodie region, snack included. At a snow shoe ramble with picnic at Kristberg, you can sayour the most enjoyable side of Montafon.

An absolutely novel experience: go for a three-day hike in exceptionally beautiful winter scenery and stay for the night at two different hotels. Along the way, you can explore some quaint little villages and sights such as the Werkraum building in Andelsbuch. cheese fondue being served before bedtime. You travel light, as your luggage is transported from hotel to hotel.

Torch-hike in the Spruce Forest

Winter Hiking in Bregenzerwald

The crunch of snow under your feet. The glow of a torch radiating warmth. It is oh so romantic to set out at twilight. Torch hikes are organised in most regions and are great fun especially for kids.

When the Moon Shines

Nature basking in a soft glow, perfect tranquillity, nothing but the crunching sound of the snow to be heard with each step. Hittisau in Bregenzerwald and Silbertal in Montafon stage fullmoon hikes, accompanied by a guide who will share myths and legends with the party. Nocturnal walks are organised in Lech Zürs am Arlberg and in Gargellen In Montafon. At the adventure night at Golm in Montafon you can enrol in a once-weekly snow-shoe ramble to the zipwire at Golm, only to swoosh down the reservoir and then feast on traditional cheese

Icicles in the Gorge

dumplings ("keesknöpfli").

Visitors to the Breitachklamm gorge, which can be reached from the Kleinwalsertal, will be stunned by the fairy-tale landscape of ice and snow. Icicles, mighty ice curtains and frozen waterfalls form a unique sight. Torch hikes through the gorge leave an indelible memory.

Spending the Night in an Igloo

You want to build and igloo and spend the night in it? In Hittisau and in Schnepfau this this is precisely what you can try. Montafon offers overnights at 2,000 m altitude, cosily wrapped, with a

For more information see www.vorarlberg.travel/winter-hiking

Winter Worlds - The Vorarlberg Journal

Vorarlberg was literally born with a passion for winter sports. Some 110 years ago, the first ski course ever in the Alps was held on the Arlberg mountain. In the new Vorarlberg Journal, the reigning freeride world champion portrays her favourite runs. A manager of the ropeway company explains how a cable car works. The current Journal edition also features ski guides, lodge-keepers, mountain rescuers and ecologists alongside a toboggan builder and a biologist who watches birds wintering in the Rhine delta.

The New Vorarlberg Journal is available free of charge with the Vorarlberg Tourist Board at www.vorarlberg.travel/magazine













Fun-Filled & Creative

A whirlwind of activities! What about a toboggan outing or a snow-shoe ramble in the company of huskies? Or going on a hike with llamas, visiting cows, sheep and goats in their barns, or tinker away in a museum. The Top Family hosts cater specifically to the needs of families with children and provide top-notch service.

Happy Tobogganing

In all of Vorarlberg's regions there are signposted toboggan runs. Some are even floodlit for night-time tobogganing. Vorarlberg's longest floodlit night-time toboggan run in St. Gallenkirch-Garfrescha in the Montafon is 5.5km. Twice a week, the 3-km natural toboggan run at Golm opens at night, just as the 2.5 km run in Damüls.

The Alpine Coaster Golm is a toboggan run on tracks and open all year round. The toboggan safari in the Brandnertal runs in different variants from the mountain terminal of the panorama lift down to Brand or Bürserberg and promises extra-long fun. On the 1-km long "Zipfelbob" bobsleigh run, which is illuminated at night time and groomed with artificial snow, you can have the time of your life riding from Oberlech down to Lech.

Face-to-face with Huskies

Saturdays and Sundays.

How do you steer a husky sleigh and how does it feel? At two locations in Vorarlberg, adults and children can try out husky sleigh-riding: Tours to the idyllic hotel Körbersee are organised at Warth-Schröcken in the Bregenzerwald. In the Kleinwalsertal you can take part in a Husky Camp on

Say Hello to Goats, Sheep & Cows

The Metzler family in Egg runs Vorarlberg's first open farmhouse where you can visit the playpen for cows and goats. On your visit, you will learn many interesting facts about sustainable husbandry and agriculture. Scottish highland cattle look forward to visitors in Lech Zürs am Arlberg. Meet close-up with cows and sheep at the adventure farm in Au-Schoppernau in Bregenzerwald and at Gschrüübelhof in Kleinwalsertal.

Llama Hiking

Horst Kuster and his llamas take hikers at Innerberg in Montafon on an ever-so-scenic tour. The animals carry the luggage and guide you safely through the snow. En route, the party can learn interesting details about the region's past and present.

Eager Experimentation

A museum where you are allowed, even meant, to touch everything? This is reality at the inatura – nature show in Dornbirn, where you can crawl into a fox's den, pet fish, experiment in the Science Centre, and learn playfully how the human body works.

Art and Culture Hands-on

Watching, painting, tinkering, listening: Kunsthaus Bregenz and the vorarlberg museum organise playful activities for children. In the Jewish Museum Hohenems, special stations for kids illustrate Jewish life today and yesterday.

Family-friendly Accommodation

Families are greeted with a warm welcome all over Vorarlberg. A string of specialised children hotels have teamed up under the Top Family Hotels brand you will come across in restaurants and inns, at museums and sites worth visiting. They all have long-standing experience as family hosts and offer all common services and facilities, child-minding and supervised activities

For more information see www.vorarlberg.travel/family-holidays

Looking, listening, being a part of it. Winter activities can be perfectly combined with museum visits. Music in unusual settings is performed at entertaining après-ski events. In December, advent markets cast a spell on the towns and villages. And on Lake Constance, vessels set out for festive pre-Christmas and New-Year's Eve cruises.

Full of Character & Atmosphere

In Bregenz, exhibitions in the "vorarlberg museum" are devoted to historic and contemporary times. The building is an architectural gem in itself: more than 16,000 concrete flowers adorn the facade. From the special viewing room on the 4th floor, you can enjoy sweeping views over the city and Lake Constance.

Contemporary Art

Designed by the renowned Swiss architect Peter Zumthor, Kunsthaus Bregenz (KUB) is one of Europe's leading exhibitions halls for contemporary art. KUB hosts varying exhibitions which are mostly devoted to a particular artist's oeuvre.

Hittisau Women's Museum

In its exhibitions, Austria's only women's museum addresses issues relevant to women, ranging from history to art and crafts.

Winter Sports & Museums

There are three museums in Lech Zürs am Arlberg that deal with the village and its history. "The Sound of Lech" is the name of an exhibition at the Huber-Hus museum (until 26 April). The Kästle Museum is all devoted to the famous ski brand. And the "Hall of Fame" chronicles the lives of the ski pioneers from the Arlberg region. Not to miss: the FIS ski museum at Kulisse Pfarrhof in Damüls in Bregenzerwald

Tanzcafé Arlberg

"Tanzcafé Arlberg" from 29 March to 13 April in Lech Zürs am Arlberg promises après-ski entertainment, in the fashion of the good old days. During the sunshine skiing weeks, live bands play jazz, soul, rock ,n' roll and swing in the ski areas, at hotels and on the sun terraces.

Montfort Zwischentöne

Several times a year, performances are staged in the architecturally noteworthy Montforthaus in Feldkirch as part of the Montfort 7wischentöne series of cultural events, from fire-side talks to high-key orchestral concerts.

750 Years Schwarzenberg

Ski & Concert

Schwarzenberg in Bregenzerwald is commemorating the 750th anniversary of the village in a string of festivities and exhibitions.

On Saturdays, you can end your day of skiing in Warth-Schröcken in Bregenzerwald end with music and sophisticated entertainment at Hotel Steffisalp (starting mid-February) and at the S1 ski lounge (starting 11 January).

Advent & New Year's Eve

Advent in the towns of Bregenz, Dornbirn, Feldkirch and Bludenz boasts colourful markets. Zug and Lech am Arlberg invite visitors to explore the marktes all while enjoying music entertainment. Readings, concerts and a market are hosted in Schwarzenberg in Bregenzerwald. The Kleinwalsertal Advent Magic and Montafon Winter Magic offer a wealth of things to see and explore. In December, the vessels of the Lake Constance fleet set out for the Christmas markets on the shores of the lake. The elegant, newly renovated MS Oesterreich has now been taken into service. New Year's Evening gala cruises featuring a dinner and fireworks are highly popular. And the sound fireworks in Lech Zürch am Arlberg are simply amazing.

For more information see www.vorarlberg.travel/culture

Delicious & Delectable

Fresh, regional and refined! That's the motto of Vorarlberg's many acclaimed inns and restaurants. On mountain-top lodges and during foodie events, you will be able to sample delicious regional specialities. Specialised hosts have wonderful treats to pamper body, mind and spirit.

Wine & Mountair

Wine tastings with a special edge are staged high up on the mountains. In Lech Zürs am Arlberg, wine makers and connoisseurs meet from 3-7 December on the "Arlberg Wine Mountain". On 17 April, wines can even be tasted on a gondola ride. VINNOVA is Vorarlberg's highest wine tavern at an altitude of

Fine Dining in the Brandnertal and the Klostertal

in Klostertal spoil skiers with mouth-watering treats.

2,000 metres, hosting regular wine presentations and tastings.

In December and March, creative chefs from the region stage a nightly Gourmet Experience Brandnertal. On each of the dates, a different chef will rustle up a several-course meal of locally sourced ingredients with an innovative twist. Swinging down the slopes, feasting at lodges and restaurants, tasting wines that are presented by vintners: during the 'Gourmet in the Snow' event on 3 April 2020, the restaurants at Sonnenkopf

Mountain Breakfast

Brace yourself for a day of skiing or simply experience the morning mood on the mountains – all throughout winter, several mountaintop restaurants in Montafon, in Bregenzerwald, at Sonnenkopf in Klostertal and in Brandnertal offer early-bird mountain breakfasts on certain days of the week, some starting as early as 8:00 in the morning.

Delectable Gifts

From mountain cheese to chocolate, from mustard to fine brandies: Vorarlberg manufactures a host of delicacies on farms, dairy-making farms and small delicatessen producers. To find out more about culinary souvenirs as well as arts & crafts, see www.vorarlberg.travel/souvenirs

Discover the Secrets of Cooking

is highly recommended, since slots tend to sell out fast. Take premium milk, rennet, plenty of manual work and patience

Some of Vorarlberg's premier chefs let interested visitors into the

secrets of cooking. Classes are held at set dates – early booking

as your ingredients. Interested visitors can learn how milk is transformed into cheese at Family Metzler's dairying school in Egg in the Bregenzerwald, at Käsehaus Montafon and at biosphärenpark.haus in the Grosses Walsertal. The courses are held at fixed dates or on

Where to go, if you want to regale yourself with fine food and good wine in a sophisticated setting? "Vorarlberg dines... better" is an association of restaurateurs offering top quality. Addresses, useful hints, events, recipes and the free gastro app are available at www.vorarlberg-isst.at (in German only).

Soothing & Pampering Holidays

If you want to give yourself a treat while on holiday, Vorarlberg's Feel Well hosts are your destination of choice. They offer fasting regimes, soothing mud baths, weight-loss and beauty programmes, relaxing days of indulgence, and nature-based activities. Most modern, light-flooded wellness and spa areas stun by their harmonious look and feel. Several wellness hotels have a day spa to unwind and relax.

For more information see www.vorarlberg.travel/food-and-drink

Forward-looking & Creative

Just look how different building, architecture and design in Vorarlberg is: contemporary, daring, trail-blazing. From lift stations to hotels, from tables to lamps. Vorarlberg's architects and craftsmen have garnered expertise in interpreting tradition in novel ways and coming up with creations that perfectly fit their surroundings.

Exploring the Bregenzerwald Villages

"Umgang Bregenzerwald" is the name of 12 new village tours, which, in an entertaining fashion, illustrate the lively sense of design and creativity of the Bregenzerwald people. Information columns draw attention to architecture, craftsmanship, the cultural landscape and culinary specialities. An accompanying folder and a book are available at the local tourist offices and at many hotels. Guided visits are organised twice weekly.

Marvelling at Modern Artisanry

The Werkraum Building in Andelsbuch in Bregenzerwald is a genuine eye-catcher. Designed by the famous Swiss architect Peter Zumthor, is features themed exhibitions on crafts and architecture, as well as changing presentations of products manufactured in the workshops of the partner businesses.

Lingering in the Skyspace Lech

This walk-through piece of art in Oberlech/Tannegg was designed by the US-American artist James Turrell. Accessible through a tunnel, you reach the underground exhibition and light space. Up above, a skylight affords views of the outside world, opening up new ways, with every visit, to perceive the sky and the way the light penetrates into the room. When it is dark outside, a light installation makes the room appear totally different.

Headline-hitting Bus Stops

They are immensely popular, not only among passengers waiting for a bus. Seven original bus stops, called Wartehüsle (waiting house) in local dialect, have become a tourist magnet in Krumbach in the Bregenzerwald. The project called Bus:Stop Krumbach comprises designs by seven renowned architecture firms from Russia, Norway, Belgium, Spain, Chile, Japan and

China. Each was assisted by a Vorarlberg partner architect or crafts business in a joint venture.

Standing Atop a Ski Jump Austria's then largest ski jump in the 1930s used to stand in

Tschagguns, only to be closed down in later years. A few years ago, a new ski jump centre with four jumps was built. On a guided visit you can learn more and take a look from high up above.

11 half-day or full-day tours invite travellers with an interest in architecture to embark on a journey of archi-tectural discovery. For more details check out the pocket folder and the free app. The tour themes are: "Public Spaces", "Timber & Material", "Innovation & Craftsmanship", "Art & Culture", "Old & New", "Nature & Landscape" and "Getting Things Done – The Maker's Choice".

For more information see www.vorarlberg.travel/architecture

Winter – interactive

The Vorarlberg State Tourist Board has panoramic maps of the ski resorts, and current snow and avalanche reports. Plus useful tips and hints about events and activities such as winter hiking, cross-country skiing or tobogganing. With the Vorarlberg App you can download everything onto your smartphone. www.vorarlberg.travel/app (in German only)